

# La Canada Unified School District Palm Crest Lunch Menu / JUNE 2010

Monday	Tuesday	Wednesday	Thursday	Friday
 Bagel with Cream Cheese And Yogurt	Chicken Fajita with Medley of Vegetables	Bagel with Cream Cheese And Yogurt	Bean & Cheese Burrito	Corn Dog
 Pepperoni Pizza Stix	Baked Potato Bar with Chili	Grab and Go Sandwich with Milk, Fruit and Cookie	Pizza Wedge Cheese or Pepperoni	Turkey & Gravy with Mashed Potato
 <b>BBQ DAY</b> Hamburger, Turkey Dog	Beef or Chicken Teriyaki Bowl	<b>PIZZA DAY</b>	Pasta Bar with Homemade Tomato and Meat Sauce	Chicken Nuggets with Corn

## FROM THE GARDEN

Monday	Tuesday	Wednesday	Thursday	Friday
Shredded Lettuce Tomato, Onions	Tossed Garden Salad with Lite Ranch and Italian Dressing	Caesar Salad Mix with Lite Caesar Dressing, Chicken, Parmesan Cheese	Tossed Garden Salad with Lite Ranch and Italian Dressing	Caesar Salad Mix with Lite Caesar Dressing, Chicken, Parmesan Cheese
Carrots	Tuna Salad Lettuce, Tomato	Pudding	Tuna Salad Lettuce, Tomato	Bagel with Cream Cheese
Tossed Garden Salad with Lite Ranch and Italian Dressing	Broccoli, Carrots Cucumbers	Carrots Cucumber	Carrots, Broccoli Garbanzo Beans	Broccoli, Tomatoes Sliced Bell Peppers
Corn	Hummus with Whole Wheat Pitta Bread	Corn	Hummus with Whole Wheat Pitta Bread	Snap Peas Cucumbers
Oranges, Apples Bananas	Bananas, Grapes Pears	Apples, Oranges Bananas	Grapes, Apples	Oranges, Apples Pears
Low Fat Yogurt	Snap Peas	Low Fat Yogurt	Pudding	Vegetarian Beans



•Every day we have All-You-Can-Eat Salad Bar full of Fresh Fruits and Vegetables

Tuesday & Thursday  
•Build your own Sandwich Bar

• All lunches include a choice of Non-Fat Chocolate Milk and 1% Low Fat Milk

